



Chapter 12 Outline

Occupational Safety and Health Act of 1970
 OSHA Coverage and Scope
 Enforcement of OSHA Standards
 Employee Rights Under OSHA
 Hospitality and OSHA
 Measuring Health and Safety
Employee Stress and Emotional Health
 Sources of Stress
 Stress Scores of Hotel Managers
 Consequences of Stress
 Stress Reduction
Employee Assistance Programs
 Setting Up EAPs
 Costs Saved by EAPs
Other Issues in Safety and Health
 Acquired Immune Deficiency Syndrome
 Depression Among Employees
 Wellness Programs
 Smoking in the Workplace
 Work Life/Home Life Issues

Competencies

1. Summarize the history, scope, and goal of the Occupational Safety and Health Act, and describe the enforcement of OSHA standards and requirements. (pp. 391–395)
2. Outline employee rights under OSHA and how these rights apply to the hospitality industry. (pp. 395–399)
3. Identify sources and consequences of stress and list guidelines for reducing stress. (pp. 399–404)
4. Describe the components and benefits of an employee assistance program. (pp. 404–407)
5. Outline the implications of current health issues such as AIDS, depression, wellness programs, workplace smoking, and work life/home life issues. (pp. 407–415)